



Privacy Policy

Last updated: January 2025

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Introduction

At Evolved Athlete, we take your privacy seriously. This Privacy Policy explains how we collect, use, disclose, and safeguard your information when you use our platform.

Information We Collect

We collect information that you provide directly to us, including:

- Account information (name, email, username)
- Profile information and preferences
- Progress tracking data and workout information
- Communication data when you contact us
- Payment information (processed securely through third-party providers)

How We Use Your Information

We use the information we collect to:

- Provide, maintain, and improve our services
- Personalize your experience and track your progress
- Send you updates, newsletters, and marketing communications (with your consent)

- Process payments and prevent fraud
- Respond to your requests and provide customer support
- Analyze usage patterns and improve our platform

Data Security

We implement appropriate technical and organizational security measures to protect your personal information. However, no method of transmission over the Internet is 100% secure, and we cannot guarantee absolute security.

Your Rights

You have the right to:

- Access and receive a copy of your personal data
- Correct inaccurate or incomplete information
- Request deletion of your personal data
- Opt-out of marketing communications
- Export your data in a portable format

Cookies and Tracking

We use cookies and similar tracking technologies to enhance your experience, analyze usage patterns, and deliver personalized content. You can control cookie preferences through your browser settings.

Third-Party Services

We may share your information with trusted third-party service providers who assist us in operating our platform, processing payments, or analyzing data. These providers are bound by confidentiality agreements and may only use your information as necessary to perform services on our behalf.

Children's Privacy

Our services are not intended for individuals under the age of 18. We do not knowingly collect personal information from children.

Changes to This Policy

We may update this Privacy Policy from time to time. We will notify you of any changes by posting the new policy on this page and updating the "Last updated" date.

Contact Us

If you have any questions about this Privacy Policy or our data practices, please contact us at: privacy@evolvedathlete.coach